



EMPLOYEE ASSISTANCE PROGRAM (EAP)

- **A comprehensive wellness program taking care of both mental and physical well-being of employees.**
- **Supports and equips you as you meet life's challenges.**
- **The service is extended to your 3 dependent family members.**
- **You can provide this support to your family in 3 simple steps.**





Steps to enrol your family members for availing services offered by 1to1help.net



Psychological
Counselling Support

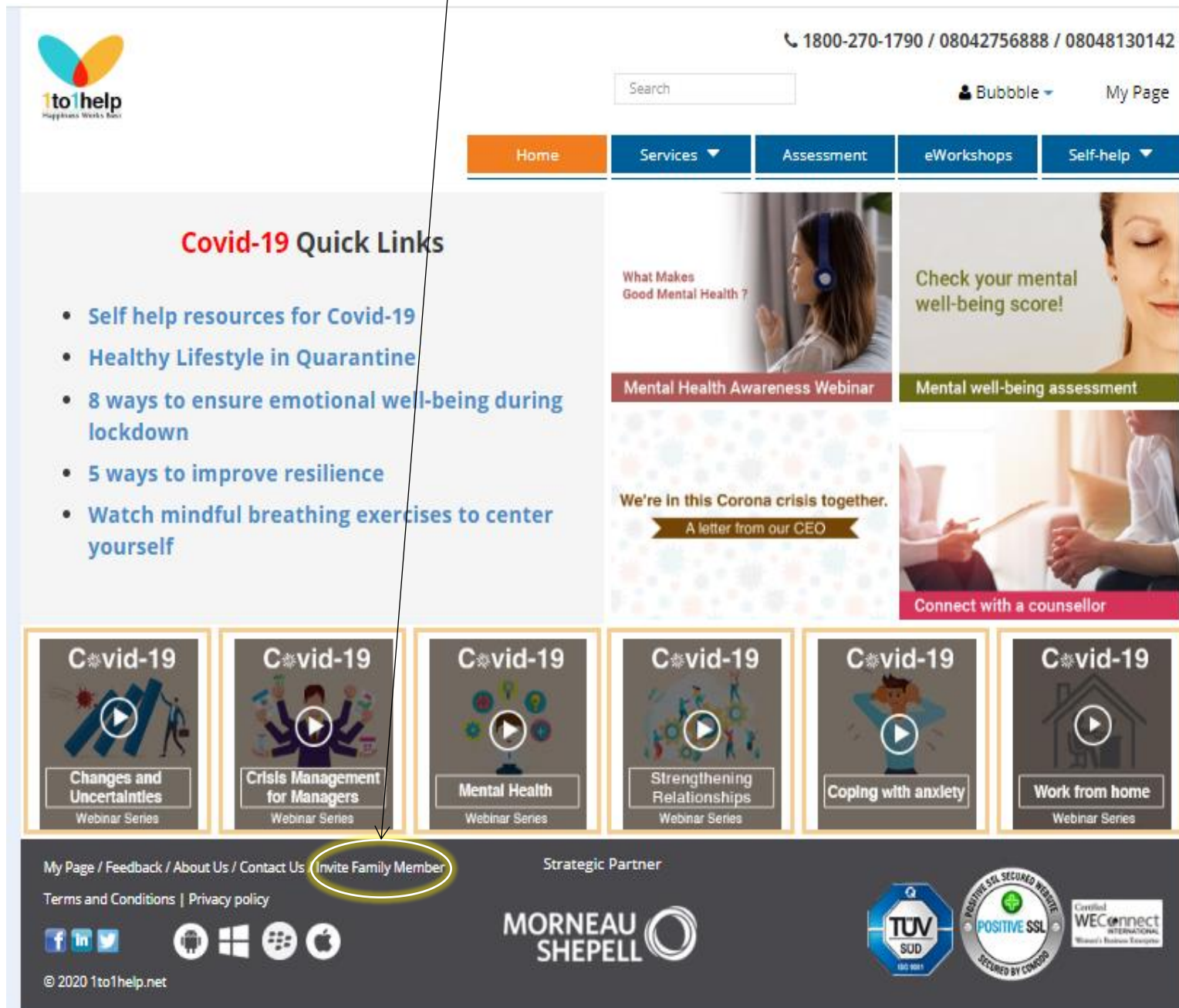


Wellness



Self help
Resources

Step 1: Click on “Invite Family Member” at the bottom left corner



You will land on the “Family Member Registration” page

Step 2: Fill all the required details on behalf of your family member on the Family Member Registration page and click on “Submit” at the end of the page.

1800-270-1790 / 08042756888 / 08048130142

1to1help
Happiness Works Best

Search

Bubble My Page

Home Services Assessment eWorkshops Self-help

Family Member Registration

Please fill this form on behalf of your family member

Username :
You do not need to enter the real name.
Once chosen, this user name cannot be changed.

City
(Current Residence)

Personal email ID:
The activation mail will be sent to this email ID. Do NOT give your official ID.

How is the user related to you?

Year of Birth

Gender Male Female

I agree to [terms and conditions](#)

Ch

Successful Registration - You will see this screen after submitting the details.

The screenshot displays the 1to1help website interface. At the top left is the 1to1help logo with the tagline "Happiness Works Best". To the right, contact numbers are listed: 1800-270-1790 / 08042756888 / 08048130142. A search bar and user profile "Bubble" are also visible. A navigation menu includes Home, Services, Assessment, eWorkshops, and Self-help. The main content area features an orange header for "Family Member Registration" and a green confirmation box that reads: "Registration! User registered successfully, Please activate your account by clicking on the link sent to your personal email. Please check your email account's Spam or Junk folder to ensure the message was not filtered". The footer contains navigation links, social media icons, and logos for Morneau Shepell, TUV SUD ISO 9001, Positive SSL, and WECconnect International.

The user (family member) will receive an email on their email id mentioned while registering.

Step 3: Activate user's account by clicking on link sent to their personal email.

Thanks for registering with 1to1help.net Inbox x



1to1help <do_not_reply@1to1help.net>
to me ▾



Dear [REDACTED],

Your family member has registered you on 1to1help.net.

Your login details are as follows -

Username : [REDACTED]

Password : Once you activate your account, you will be able to set your password.

[Click here](#) to activate your account.

The services offered are:

- Counselling / coaching: Online, telephonic, face-to-face
- Online Assessment tools.
- Self-help Library

You can seek help for issues related to:

- Self Development
- Work
- Relationships and Marriage
- Parenting
- Physical and emotional wellness

Step 4: Set password – Enter the password and submit

The screenshot shows the 'Set Password' page on the 1to1help website. At the top left is the 1to1help logo with the tagline 'Happiness Works Best'. To the right is a search bar and navigation links for 'Login', 'New User? Sign Up', and a home icon. Below this is a blue navigation bar with 'Home', 'Services', 'Assessment', 'eWorkshops', and 'Self-help'. The main content area has an orange header 'Set Password'. The form contains two password input fields. The first field is labeled 'Type password' and has a strength indicator 'Weak'. The second field is labeled 'Re-type password'. Below the fields are 'Submit' and 'Cancel' buttons. The footer contains navigation links: 'My Page / Feedback / About Us / Contact Us / Invite Family Member', 'Terms and Conditions | Privacy policy', and social media icons for Facebook, LinkedIn, and Twitter. It also features logos for 'MORNEAU SHEPELL', 'TUV SUD', 'POSITIVE SSL', and 'Certified WEConnect INTERNATIONAL Women's Business Enterprise'. The copyright notice is '© 2020 1to1help.net'.

After submitting the password you will land on the Log in page.
Login, update the users profile and enjoy the services offered by 1to1help.net

For any Queries/Clarifications please call on our toll free numbers below
1800 258 8999 / 1800 258 8121