

**Mustafa Pardiwala, cluster head**

## FOOD FOR MIND

- **Magazine:** *National Geographic*
- **Website:** *indianexpress.com*
- **Newspaper:** Rarely
- **TV channel:** National Geographic

## STRESS BUSTERS

- **Music:** Sufi
- **Movie:** *Andaz Apna Apna* and all Charlie Chaplin films
- **TV programme:** *Seinfeld*
- **Hobby:** Still trying to figure it out

## FITNESS MANTRA

- **Eat:** Everything
- **Drink:** Fresh lime
- **Exercise:** Walk
- **Avoid:** Green chillies

## NOTHING MORE THAN FEELINGS

- **Fear:** Ghosts
- **Joy:** My son
- **Frustration:** Tardiness
- **Pride:** Team members being appreciated

## A MATTER OF TASTE

- **Beverage:** Soda
- **Dish:** Any dish made of potatoes
- **Dessert:** Ice cream
- **Restaurant:** Gallops

## AS I LIKE IT

- **Colour:** Black
- **Season:** Winter
- **Scent:** The scent of earth after the first rain
- **City:** Mumbai

## YESTERDAY ONCE MORE

- **As a child I collected:** Stamps
- **I played:** Cricket
- **I watched:** Cricket
- **I read:** All kinds of books and even now I read in my spare time
- **I dreamt of:** Playing cricket for India

