



Abhijit Sarkar, Vice President, Admin

FOOD FOR MIND

- **Magazine:** *Cricket Today*
- **Website:** www.traveldailynews.com
- **Newspaper:** *The Times of India*
- **TV channel:** Every sports channel

STRESS BUSTERS

- **Music:** Old Hindi classical
- **Movie:** *The 36th Chamber of Shaolin* and all films of Firoz Khan and Rishi Kapoor
- **TV programme:** *Yeh Jo Hai Zindagi*
- **Hobby:** Was a sportsman so watching sports is my hobby, I am a traveller, travelling is my passion

FITNESS MANTRA

- **Eat:** Vegetarian food
- **Drink:** Watermelon juice
- **Exercise:** Walking and playing badminton
- **Avoid:** Smoking and drinking alcohol

NOTHING MORE THAN FEELINGS

- **Fear:** Dishonesty, never lie no matter how bad the situation may be
- **Joy:** Animals
- **Frustration:** Unorganised and non-process-oriented approach
- **Pride:** My son and wife

A MATTER OF TASTE

- **Beverage:** Cappuccino
- **Dish:** *Sukto bhaat*
- **Dessert:** Jalebi
- **Restaurant:** Bhojohori Manna

AS I LIKE IT

- **Colour:** Blue
- **Season:** Winter
- **Scent:** Aqua
- **City:** Mumbai, of course, and Kolkata, my City of Joy

YESTERDAY ONCE MORE

- **As a child I collected:** Marbles
- **I played:** Cricket and football at District and Zonal levels
- **I watched:** A lot of Marathi movies
- **I read:** Amar Chitra Kathas
- **I dreamt of:** Being an IPS officer