

IN A NUTSHELL

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FOOD FOR MIND

- **Magazine:** *Business India*
- **Website:** *google.com*
- **Newspaper:** *The Mint*
- **TV channel:** ET Now, SAB TV

STRESS BUSTERS

- **Music:** Hindi romantic
- **Movie:** *Sholay, Agneepath and The Great Escape*
- **TV programme:** *Science of Stupid*
- **Hobby:** Listening to music, trekking and going on jeep trails

FITNESS MANTRA

- **Eat:** Fruits
- **Drink:** Coconut Water
- **Exercise:** Jogging
- **Avoid:** Cheese, Sweets

NOTHING MORE THAN FEELINGS

- **Fear:** Darkness
- **Joy:** Playing and reading with my kids
- **Frustration:** Dishonesty and politics
- **Pride:** My Mother

A MATTER OF TASTE

- **Beverage:** Sweet lassi☺
- **Dish:** Bombay chaat
- **Dessert:** Naturals ice cream
- **Restaurant:** Radha Krishna and Cream Center in Andheri, Mumbai

AS I LIKE IT

- **Colour:** Red and grey
- **Season:** Monsoon
- **Scent:** Brut
- **City:** Mumbai

YESTERDAY ONCE MORE

- **As a child I collected:** Coins and marbles
- **I played:** Almost all the traditional games
- **I watched:** Tom & Jerry
- **I read:** Jules Verne and Harkishandas Mehta
- **I dreamt of:** Becoming a pilot

