

SHERU IN A NUTSHELL



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FOOD FOR MIND

- **Magazine:** *Engadget*
- **Website:** cio.economictimes.indiatimes.com
- **Newspaper:** *Mint*
- **TV channel:** *Discovery Channel*

STRESS BUSTERS

- **Music:** ghazals
- **Movie:** *3 Idiots*
- **TV programme:** *Friends*
- **Hobby:** running

FITNESS MANTRA

- **Eat:** muesli, cereals
- **Drink:** dark coffee
- **Exercise:** @ gym
- **Avoid:** pollution

NOTHING MORE THAN FEELINGS

- **Fear:** failure
- **Joy:** catching up with friends
- **Frustration:** infinite follow-ups
- **Pride:** after completing my first full marathon

A MATTER OF TASTE

- **Beverage:** filter coffee
- **Dish:** fondue
- **Dessert:** ice cream
- **Restaurant:** BBC

AS I LIKE IT

- **Colour:** blue
- **Season:** winter
- **Scent:** *Signature* perfume
- **City:** Amritsar

YESTERDAY ONCE MORE

- **As a child I collected** coins and stamps
- **I played** volleyball
- **I watched** lots of cartoon serials
- **I read** *Faster Fene*
- **I dreamt of** becoming a computer geek