



# 29 THINGS

YOU DID NOT KNOW ABOUT

## Jaideep Arora

CEO

### Food for mind

- **Magazine:** None, read stuff online
- **Website:** [www.amazon.com](http://www.amazon.com)
- **Newspaper:** *Business Standard*
- **TV channel:** Don't watch much TV

### Stress busters

- **Music:** Alternative rock
- **Movie:** *The Dark Knight*, the *Iron Man* series
- **TV programme:** *Schitt's Creek*, other Netflix series
- **Hobby:** Trekking, travelling

### Fitness mantra

- **Eat:** Lots of protein
- **Drink:** Pure water
- **Exercise:** Regularly, with a healthy mix of weight training and cardio
- **Avoid:** Carbs

### Nothing more than feelings

- **Fear:** Stagnancy
- **Joy:** Mohi, my daughter
- **Frustration:** Not moving forward
- **Pride:** Sharekhan

### A matter of taste

- **Beverage:** Black coffee, tea without sugar
- **Dish:** Awadhi biriyani
- **Dessert:** Tiramisu
- **Restaurant:** The Table, Colaba, Mumbai

### As I like it

- **Colour:** Blue, black, gray
- **Season:** Winter
- **Scent:** Woody, cedar and pine
- **City:** Mumbai

### In my childhood

- **I collected** coins and stamps
- **I played** cricket and football in school
- **I watched** English TV series like *Sherlock Holmes* and *Star Trek* on Doordarshan
- **I read** science fiction by Isaac Asimov and Arthur C Clarke
- **I dreamt** of becoming an ace game programmer